

# LAPARO OBESO CENTRE TEAM

## SURGEONS :

### 1) DR SHASHANK SHAH



Dr Shashank Shah is a pioneer and leading Laparoscopic Bariatric Surgeon in India.

He has served as the President of many national organisations of Obesity like Obesity & Metabolic Surgery society Of india(OSSI), International Excellence Federation (IEF), All India Association For Advancing Research In Obesity (AIAARO)

He holds three World Records to his credit,

1. Firstly, for performing 45 Hernias in 10 hours- Limca Book of World Records,
2. Secondly for successful Bariatric Surgery of the youngest child **and**
3. For operating on the heaviest British weighing 310kgs.

He is a visiting professor at various universities in Europe, USA, Malaysia and Bangladesh.

He is the first ever surgeon to be awarded the prestigious Vivian Fonseca Scholar Award by the American Diabetes Association for research in Surgery for Treatment for Type 2 Diabetes.

Received most prestigious award and Dr Jaipal Singh Oration for year 2017 by Association of Surgeons of India(ASI)

Both BBC and National Geographic have appreciated Dr Shah's skills and knowledge by recording his work in various documentaries released worldwide.

He is a renowned General and laparoscopic Surgeon with an experience of more than 30,000 surgeries performed so far over the last 34 years.

He also has various research papers in various indexed International Journals to his credit.

Dr Shah is Editorial Board Member: For 1)Obesity surgery journal,

2)Bariatric Times.

3) Journal of Obesity and Metabolic research

Expertise:

1. Laparoscopic surgeries
2. Hernia
3. Revision bariatric procedures
4. Metabolic surgery for diabetes

## 2) DR JAYASHREE DRAVID:



Dr. Jayashree Natraj Dravid  
M.S. General Surgery. FMAS. FIAGES.  
General; Laparoscopic and Bariatric surgeon.  
Working as resident surgeon since 1988. Passed M.S. in 1990.  
Last 29 years working as a surgeon.  
At present consultant surgeon in Laparo Obeso Centre. Pune.  
Professor of Bariatric for MUHS.  
Faculty for Boston university affiliated bariatric training program.

## 3) DR SUSHILKUMAR RAMESH KHARAT



MBBS, DNB, DLS (FRANCE), FIAGES, FAMS, MANMS

Working with one of the highest volume Bariatric Surgery Centre ,”LOC” in Asia Pacific region.

Presented papers in National and international conference.

Witnessed more than 2500 bariatric surgeries & revision Bariatric Surgeries.

Currently working as consultant bariatric Surgeon at :

1) Laparo Obeso Centre, Pune

2) Poona Hospital & Research centre Pune.

## **BARIATRIC PHYSICIAN**

### **1) DR POONAM SHASHANK SHAH**



A post-graduate in Medicine from BJ Medical College, Pune, India.

Pioneer / first Bariatric Physician India.

Founder Director of Laparo-Obeso Centre, India. An International Centre of Excellence for Bariatrics.

Has own setup in Pune, and also works with Dr. Shashank Shah, the Bariatric surgeon, in Pune and Mumbai hospitals in India

Elected 3<sup>rd</sup> time to the Executive Committee of AIAARO- All India Association Advancing Research of Obesity.

Integrated Health Committee Member of IFSO (International Federation for the Surgery of Obesity

s& Metabolic disorders) since 2012. Has been invited as faculty and course co-director at the IFSO annual conferences.

Has various publications on -Effect of Bariatric Procedures –Gastric Bypass and Sleeve Gastrectomy

on Type 2 Diabetes, especially on low BMI patients.

Co-investigator of COSMID trial- the only RCT from India which includes low BMI diabetic patients (25-40 kgs/m<sup>2</sup>), which received the Vivian Fonseca Scholar award at the ADA conference 2016.

Contributes to conduct the monthly Support Group meetings of the Dream –Slim Club – an obesity support group, of Laparo-Obeso Centre, since 2005.

Conducts training programs of 'Multidisciplinary approach for Bariatric program' for surgeons, physicians, dietitians etc.

Has been invited faculty at national and International conferences.

As founder trustee of DODF: Defeat Diabetes and Obesity Foundation, conducts Public awareness programs and camps.

## 2) DR. JASYASHREE GANGWANI

25 yrs of clinical practice and 8 yrs of dedicated bariatric practice.

Published papers in national and international journals.

Was the only Indian faculty-invited to talk in an international conference on obesity-held in Beijing, China.

Conducted various awareness programs for obesity and diabetes.

Qualified with diploma in clinical research.

Executive committee member of All India advanced research in Obesity..Vice president of National Integrated Medical Association

## BARIATRIC COORDINATOR

### 1) DR.PALLAVI SHAH

Dedicated And Experienced With Experience Of More Than 15 Years In Bariatrics.

- Founder Team Member of Laparo Obeso Centre.- Comprehensive Health Care Center for obesity,

# BARIATRIC NUTRITIONIST

1) RADHIKA SHAH



Registered Dietician PGD – dietetics B.Sc Food Science & Nutrition

**Consultant Bariatric Nutritionist at LaparoObeso Centre –Certified as International Centre Of Excellence and international Excellence Federation SINCE 3 YEARS.**

**Fellowship in Advanced Bariatric Nutrition at AZ Sint Jan Hospital,brugge,Belgium**

For 3 weeks

- **Course Faculty for CEMAST- Surgeon training program Laparoscopic Bariatric and metabolic SugeriesMumbai approved by Maharashtra university**
- **Faculty :Boston University schoolof Medicine Bariatric Course.**
- **Invited as faculty (speaker) for Asia Pacific Metabolic And Bariatric Surgery Society Congress 2016, Malaysia**

## 2) ANAGHA SAWANT



B.Sc Food Science & Nutrition, PGDHM

**Consultant Bariatric Nutritionist at LaparoObeso Centre –Certified as International Centre Of Excellence and international Excellence Federation SINCE 3 YEARS.**

**Faculty :Boston University school of Medicine Bariatric Course.**

- **Areas of Experties: 1)Weight management**

**2)Diabetes management**

**3)Metabolic Syndrome**

**4)Immune Modulations through diet**

## 3) FORAM THAKKAR

***December, 2014 - Till Date-*** Laparo Obeso Centre- with Dr. Shashank Shah

***Designation- Bariatric Nutritionist***

***Faculty at- CEMAST and Boston University courses for Surgeons Training Program.***

Experience of counseling over 2000 patients in opd till date over last 2 years at various institutes like LOC at S. L. Raheja, Fortis Hospital Mulund and various other clinics in Mumbai.

Experience of managing perioperative care of Bariatric patients while they are in IPD.

Counseling patients for the treatment of Obesity, Diabetes and various related comorbidities including medical management, intragastric balloon, various bariatric procedures including revision.

Completed various courses on post bariatric nutrition at Laparo Obeso Centre.

## **BARIATRIC PSYCHOLOGIST**

### **1) ADITI SHREEKUMAR**



Clinical and Bariatric Psychologist, Laparo Obeso Centre.

Double Gold Medallist from the University of Pune in Clinical Psychology.

Specially trained in Bariatric Psychology from 2 institutes in the U.S.A.

Currently pursuing a PhD in Obesity and Psychology.

Invited as a speaker at various National and International conferences.

## **BARIATRIC ANAESTHETIST**

### **1) DR SANDEEP MUTHA & PAPCL TEAM**

## **INTENSIVIST**

### **1) DR AJIT TAMBOLKAR**

## **BARIATRIC PHYSIOTHERAPIST**

### **1) DR. VAISHALI SHAH**

### **2) DR.BABITA GANGWANI**